

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

Memory Care

9:30 - Black History Month 1
 10:00 - Decorate for Valentine's
 11:30 - Black History Puzzle
 2:00 - Decorating Dazzle
 3:00 - February IQ

9:30 - Groundhog Day 2
 10:00 - Ukulele Music with Bruce
 10:45 - Snack Time
 2:00 - Weather Predictions & Phrases
 2:45 - Groundhog Doughnuts
 Groundhog Day 

9:30 - Baking with Joanie 3
 10:00 - Devotion
 11:00 - Chain Reaction
 2:00 - Tic Tac Toe
 3:00 - Valentine's Crafts
 4:00 - Movie

9:30 - Coffee & Chit Chat 4
 10:15 - Sign Making
 2:00 - Buying at the Market
 3:30 - Andy Griffith Show

9:30 - Coffee & Chit Chat 5
 10:15 - Charades
 11:00 - Exercise Group
 1:30 - Worship Service with Cornerstone Baptist (AL)
 2:15 - Family Feud
 3:00 - Wheel of Fortune
 4:00 - Old Time TV Shows

9:30 - Kellogg's Corn Flake Snacks 6
 10:30 - Live Music with **Dana Bergman**
 11:30 - Verbal Word Game
 2:00 - Babe Ruth Day
 3:00 - Shadow Boxes

9:30 - Coffee & Chit Chat 7
 10:00 - Sittercise
 11:00 - Valentine Search Game
 2:00 - Let's Play Cards
 3:00 - Friendship Word Games

9:30 - Current Events 8
 10:30 - Live Music with **Benny Gandy** (AL)
 2:00 - Valentine Family Feud
 3:15 - Live Music with **Al Mahon** (AL)


9:30 - Lemonade 9
 10:00 - Valentine Cards
 11:00 - Chocolate Kisses & How to Unwrap Them Game
 2:00 - Live Music with **The Rocky Ford Band** (AL)

9:30 - Coffee & Chit Chat 10
 10:15 - Charades
 11:00 - Exercise Group
 2:00 - Make Valentine Cards
 4:00 - TV Time

9:30 - Coffee & Chit Chat 11
 10:00 - Bracelet Making
 11:00 - Exercise Group
 2:00 - Snowball Toss
 3:00 - Peppermint Hot Chocolate
 3:30 - Crafternoon

9:30 - Baking with Joanie 12
 10:00 - Alphabet Soup
 10:30 - Morning Movie
 1:30 - Worship Service with Cornerstone Baptist (AL)
 2:30 - Snack & Chat
 3:00 - Movie Matinee

9:30 - Post Office Day 13
 Discussion & Crafts
 11:00 - Postal Crossword
 2:00 - Random Acts of Kindness
 3:00 - The Cat's Meow
 4:00 - TV Time

9:30 - Coffee & Chit Chat 14
 10:00 - Deliver Valentine Cards
 11:30 - Verbal Word Game
 12:00 - Sweetheart Lunch
 2:00 - Valentine's Party!
 4:00 - Romantic Movie
 Valentine's Day 


9:30 - Coffee & Chit Chat 15
 10:00 - Cranium Crunches
 11:00 - Puzzle
 2:30 - Music w/ **Dana Bergman** (AL)
 3:45 - Gumdrops!
 4:00 - Relaxation Time


9:30 - Almond Day 16
 10:30 - Cards for Caregivers
 11:15 - Verbal Word Game
 2:00 - Almond Milk Taste Test
 2:45 - Stocking Games & Craft
 4:00 - Old Time TV Shows

9:30 - Nat'l Caregiver Day 17
 10:00 - Decorate for Mardi Gras
 11:00 - Family Feud
 2:00 - Baked Potato Bar for Residents & Staff
 4:00 - Old Time TV Show

9:30 - Morning Movie 18
 10:30 - Chair Exercises
 11:00 - Trivia Time!
 2:00 - Snowball Toss
 3:00 - Charade Parade!
 4:00 - Old Time TV Shows

9:30 - Cookies & Chat 19
 10:00 - Motown Morning
 11:00 - Today in History
 1:30 - Worship Service with Cornerstone Baptist
 2:15 - Painting to Music
 3:15 - Charades
 4:00 - Old Time TV Shows

9:30 - Cherry Pie Day 20
 10:15 - Presidents Day Discussion
 11:00 - Today in History
 2:00 - Wheel of Fortune
 3:00 - Pie Social
 4:00 - Carnival Movie
 Presidents' Day 

9:30 - Coffee & Chit Chat 21
 10:00 - Mardi Gras Fun
 11:30 - Wheel of Fortune
 2:00 - Music w/ **Jenn & Bob**
 3:30 - Fun Facts
 Mardi Gras 

9:30 - Current Events 22
 10:00 - Pat's Project
 11:15 - Virgin Margaritas
 2:00 - Sweet Potato Jokes
 3:00 - Sweet Potato Fries
 4:00 - Oldie TV Shows
 Ash Wednesday

9:30 - Girl Scout Cookies & Personality Quiz 23
 11:00 - Traits of a Good Friend
 2:00 - Famous Duos
 3:00 - Today in History
 4:00 - TV Concert

9:30 - Coffee 24
 10:00 - Birthday Party for Carl Nanny
 11:15 - Matching Games
 2:00 - Bee Gees Day - Test Your Disco IQ
 3:00 - Simple Disco Moves

9:30 - Coffee & Today in History 25
 10:30 - Left, Right, Center
 11:00 - Rolling Zip Codes
 2:00 - All Shades of Green Craft
 3:00 - Trivia Time
 4:00 - Afternoon Movie

9:30 - Pistachio Day 26
 10:00 - Table Bowling
 1:30 - Worship Service with Cornerstone Baptist
 2:30 - Friendship Bracelets & Pistachio Ice Cream

9:30 - Coffee & Chit Chat 27
 10:00 - Morning Devotion
 11:00 - Upper Body Exercises
 2:00 - Buying at the Market
 4:00 - Old Time TV Show

9:30 - Lemonade 28
 10:00 - The Last Day of the Shortest Month Facts
 11:00 - Sunny Songs
 2:00 - Decorate for St. Patrick's Day
 4:00 - Afternoon Movie

February 2023

The Gables on Pelham - 1306 Pelham Road - Greenville, SC 29615